

## Week One

### AB Kettleby School Winter Menu

Primary Menu Week 1	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Mexican Taco with Veggie Chili, Mixed Rice	Classic Pasta Bolognese	Roast of the Day with Stuffing & Gravy	Chicken Curry & Mixed Rice	Crispy Fish burger & Tomato Sauce
<b>VEGETARIAN CHOICE</b>	Whole meal Margherita Pizza Slice	Veggie Mince Spaghetti Bolognese	Quorn Roast with Stuffing & Gravy	Mildly Spiced Sticky Korean Vegetables with Noodles	Crispy Veggie Burger with Tomato Sauce
<b>VEGETABLES</b>	Jacket Wedges Green Beans Sweetcorn	Steamed Broccoli Roasted Vegetables	Roast Potatoes Cauliflower & Carrots	Stir Fried Vegetables Carrots	Chipped Potatoes Baked Beans Garden Pea
<b>JACKET POTATOES</b>	Cheese / Beans	Cheese/ Beans	Cheese / Beans	Cheese / Beans	Cheese / Beans
<b>DESSERT</b>	Orange & Banana Traybake	Apple Flapjack	Tropical Crumble with Cream	Watermelon & Pineapple Slices	Chocolate Cookie

**Available Daily:** Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts

Menu Week Commencing

- 25th of October / 10<sup>th</sup> Of January
- 15th of November / 31<sup>st</sup> of January
- 6<sup>th</sup> of December / 28<sup>th</sup> of February





# Week Two

## AB Kettleby School Winter Menu

Primary Menu Week 2	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Whole meal Margherita Pizza	Cheesy Ham & Broccoli Spaghetti	Roast of the Day with Yorkshire Pudding, Gravy	Chicken & Sweetcorn Meatball Sub with Arrabiata Sauce	Crispy Breaded Fish Fingers & Tomato Sauce
Vegetarian Main Meal	Smoky Spiced Vegetable Stew with Mexican Rice	Chinese Vegetable Curry & Mixed Rice	Roast Veggie Balls with Yorkshire Pudding, Roast Potatoes & Gravy	Creamy Baked Macaroni Cheese	Veggie Hot Dog with Onions
Vegetable Selection	Sweetcorn & Peppers Garden Peas Herby Diced Potatoes	Green Beans Cauliflower	Carrots Savoy Cabbage Roast Potatoes	Broccoli Roasted Winter Vegetables Jacket Wedges	Baked Beans Garden Peas Chipped Potatoes
JACKET POTATOES	Cheese / Beans	Cheese / Beans	Cheese / Beans	Cheese / Beans	Cheese / Beans
Dessert	Oaty Raisin Cookies	Cinnamon Pear Upside Down Cake with Chocolate Drizzle	Jam Tart & Custard	Lemon & Blueberry Yoghurt Cake	Hidden Beetroot Brownie

**Available Daily:** Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts

Menu Week Commencing

- 1st of November / 7th of March
- 22<sup>nd</sup> of November
- 13<sup>th</sup> of December
- 17<sup>th</sup> of January
- 7<sup>th</sup> of February





## Week Three AB Kettleby School Winter Menu

Primary Menu Week 3	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Veggie Meatballs with a Mediterranean Tomato Sauce	Traditional Toad in the Hole with Gravy	Roast of the Day with Stuffing & Gravy	Mild Piri Piri Chicken & Lentil Bake served with mixed rice	Classic Friday Fish & Chips with Tomato Sauce
Vegetarian Main	Homemade Margherita Pizza	Autumn Vegetable Wholewheat Lasagna	Quorn Roast with Stuffing, & Gravy	Tomato, Basil & Courgette Pasta Bake	Mozzarella & Fresh Tomato Melt with Chips & Tomato Sauce
Vegetable Selection	Mixed Vegetables Garden Salad Jacket Wedges	Green Beans Cauliflower Mashed Potatoes	Mixed Vegetables Carrots Roast Potatoes'	Broccoli Sweetcorn	Baked Beans Garden Peas Chipped Potatoes
JACKET POTATOES	Cheese / Beans	Cheese / Beans	Cheese / Beans	Cheese / Beans	Cheese / Beans
Dessert	Chocolate Shortbread	Carrot Cake Cookie	Peach Shortcake Bar & Custard	Watermelon & Pineapple Slices	Lemon & Courgette Slice

**Available Daily:** Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts

Menu Week Commencing

- 8<sup>th</sup> of November
- 29<sup>th</sup> of November
- 3<sup>rd</sup> of January
- 24<sup>th</sup> of January
- 22<sup>nd</sup> of February
- 14<sup>th</sup> of March

