

Spring Summer Menu – Week One



V15523

| WEEK ONE | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------|--|--|--|--|---|
| MAIN | Macaroni Cheese with Baked Wedges | Italian Chicken & Rice  | Traditional Toad in the Hole with Mashed potatoes | Sausage Pasta Bake | Fish Fingers, Chips |
| VEGETARIAN | Vegetable Nuggets Jacket Wedges with Baked Beans  or Cheese | Beany Tomato Ragu & Rice  | Quorn Roast Roast Potatoes & Gravy | Vegetable Sausage Pasta Bake  | Cheese & Tomato Pizza & Chips  |
| VEGETABLES | Mixed Vegetables  | Garden Peas Carrots  | Cauliflower Broccoli  | Green Beans Sweetcorn  | Baked Beans Peas  |
| SANDWICHES | Tuna & Mayonnaise  | Cheese | Ham | Tuna & Mayonnaise  | Cheese |
| JACKETS | Freshly Baked Jacket Potato with Grated Cheese or Baked Beans | | | | |
| DESSERT | Oat & Raisin Cookie | Chocolate Sponge with Chocolate Sauce | Ice Cream | Vanilla Blondie | Strawberry Muffin  |

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

W/C 17th April, 8th May, 5th June, 26th June, 28th August, 18th September, 9th October

| | | | | | | |
|---|---|--|--|--|---|---|
| Portion(s) of fruit or veg  | Source of wholegrain  | Contains plant-based proteins  | 50% fruit  | Oily fish  | Our desserts meet Public Health England's target for 'free sugar' intake for your child. | Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake. |
|---|---|--|--|--|---|---|

Spring Summer Menu – Week Two



| WEEK TWO | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------|---|---|---|--|--|
| MAIN | Chicken & Sweetcorn Pizza Baguette, Herby Diced Potatoes | Beef Burger & Baked Potato Wedges | Roast Chicken, Roast Potatoes & Gravy | Chicken Curry & Mixed Rice  | Fish Fingers, Chips |
| VEGETARIAN | Rainbow Pizza, Herby Diced Potatoes  | Veggie Burger & Potato Wedges | Quorn Roast Roast Potatoes & Gravy | Chinese Vegetable Curry & Mixed Rice  | Veggie Nuggets, Chips |
| VEGETABLES | Sweetcorn, Peas  | Green Beans Cauliflower  | Carrots Peas  | Mixed Vegetables  | Baked Beans Peas  |
| SANDWICHES | Tuna & Mayonnaise  | Cheese | Ham | Tuna & Mayonnaise  | Cheese |
| JACKETS | Freshly Baked Jacket Potato with Grated Cheese or Baked Beans | | | | |
| DESSERT | Flapjack Finger | Chocolate Muffin | Jelly & Mandarins  | Fruity Jam Bun & Custard | Chocolate Ice Cream |

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

W/C 24th April, 15th May, 12th June, 3rd July, 4th September, 25th September,

Portion(s) of fruit or veg   

Source of wholegrain 

Contains plant-based proteins 

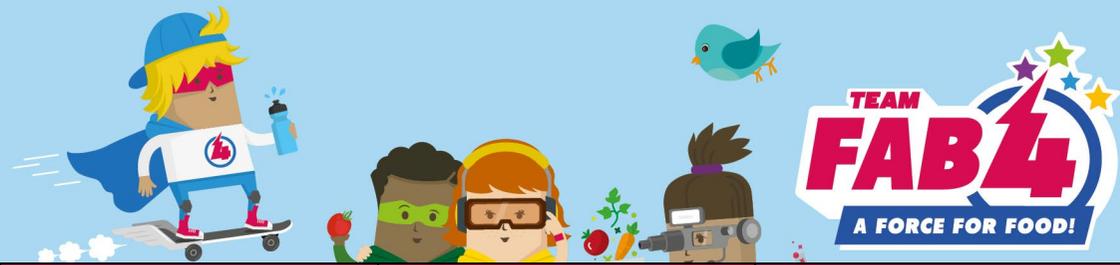
50% fruit 

Oily fish 

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring Summer Menu – Week Three



| WEEK THREE | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------|---|--|--|---|---|
| MAIN | Chicken Tomato Pasta Bake  | Pork Hot Dog & Baked Potato Wedges | Savory Mince served With Yorkshire pudding & Mashed Potatoes | Chicken & Vegetable Build your own wrap with Mixed Rice  | Fish Fingers, Chips |
| VEGETARIAN | Veggie Mince Pasta Bake  | Veggie Hot Dog & Baked Potato Wedges  | Vegetable Sausage, Roast Potatoes & Gravy | Cheese & Onion Roll & Diced Potatoes | Cheese & Tomato Pizza & Chips  |
| VEGETABLES | Mixed Vegetables  | Peas, Sweetcorn  | Broccoli Cauliflower  | Green Beans Carrots  | Baked Beans Garden Peas  |
| SANDWICHES | Tuna & Mayonnaise  | Cheese | Ham | Tuna & Mayonnaise | Cheese |
| JACKETS | Freshly Baked Jacket Potato with Grated Cheese or Baked Beans | | | | |
| DESSERT | Chocolate shortbread | Fruity Flapjack | Oat Crunch Biscuit | Apple Sponge & Custard | Chocolate Cornflake Cake |

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

W/C 1st May, 22nd May, 19th June, 10th July, 11th September, 2nd October

Portion(s) of fruit or veg 

Source of wholegrain 

Contains plant-based proteins 

50% fruit 

Oily fish 

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.